Cross The Line Activity

Adapted from the Undergraduate Interfraternity Institute
North American Interfraternity Conference

Objectives

1. To emphasize the importance of knowing and communicating personal values.
2. To highlight how personal values influence the group
3. To develop the idea that knowing your values will be the basis for leadership
4. To introduce the concept of values based actions.

Values

1. Presenter begins discussion by asking participant to define values.
2. Ask participants to identify where they learn their values who teaches them values.
3. Ask participants to identify specific values they hold.

Ask:  Are they people with values?  Yes or no?

Introduction

The next activity will afford people the chance to think about their values and to express them to others. It is important to begin Cross The Line by establishing common ground for the activity.

We live in a diverse world. In this exercise we will explore the diversity among us by thinking about our values, our backgrounds, our teachers, and our experiences. We might even discover that this fairly homogeneous looking group is much more diverse than any of you would assume. This activity will involve labeling and personalizing some of this diversity. This personalization might prove uncomfortable at times. Eventually, however, it might empower us to break down some of the stereotypes and assumptions that we, as a product of our cultures, experience, and life hold.

Instructions

This activity is fairly simple. Ask everyone to gather on one side of the room/line and face towards its center. I will call out specific categories/labels/descriptions, and ask that all of those to whom this applies, walk to the other side of the room/line. For example, I might request that anyone with glasses please cross the room. If this describes you and you feel comfortable acknowledging it, you would walk to this side of the room/line. Once there, turn and face the crowd you just left. Get in touch with your feelings and think about those people on both sides “ then return to the side you started from. After a few seconds, I will continue with a new question.

Remember, there is no pressure to cross the room/line if you don’t feel comfortable doing so. You will need to make that decision.

At the conclusion of the activity, we will discuss what we felt and what we learned. There may be times when this activity makes you feel slightly uncomfortable. I would urge you to lean into that discomfort since it may mean that you are about to gain an important learning or insight.

Ground Rules

There are two important ground rules to this activity.
1. The first involves listening. Let’s have silence throughout the exercise “no talking, snickering, giggling, nonverbal messages.”

2. It is imperative that we respect the dignity of each person who is here. All that is shared should remain confidential “nothing that is offered should leave this room. However, if after the workshop you really need to talk to a particular person, be sure to ask his/her permission.”

Questions for the Activity

任何人都访问过另一个国家请到房间或线
任何人都认为女性
任何人都喜欢白天到晚上
任何人都没有飞过
任何人都拥有自己的车
任何人都从他们高中第一年就爱过并且受伤过
任何人都认为自己是无神论者或不可知论者
任何人都认为自己是犹太人
任何人都认为自己是少数族裔
任何人都觉得自己对他们的文化传统了解很少
任何人都认为自己是一个蓝领或工人阶级
任何人都认为自己是一个中产阶级
任何人都认为自己是一个上层阶级
任何人都认为自己是家庭中最大的
任何人都认为自己是家庭中最小的
任何人都认为自己是一个独生子女
任何人都有时会自我怀疑
任何人都有时会感到孤独
任何人都参加过打架来证明自己很坚强
任何人都在上学期/季度的GPA为3.5或更高
任何人都在上学期/季度的GPA低于3.0
任何人都认为自己是一个民主党人
任何人都认为自己是一个共和党人
任何人都认为自己是一个社会主义者
任何人都被收养了
任何人都认为自己的自然父母已离婚
任何人都认为他们的一个或多个父母已去世
任何人都认为有人认为同性恋者或跨性别者可以有一个约会参加社交活动
任何人都有一个家人或亲戚是同性恋者
任何人都在考虑在结婚前保持性行为
任何人都认为他们的家族中有人患有酒精滥用
任何人都认为他们的家族中有人患有药物滥用
任何人都认为他们的朋友或亲戚曾经自杀过
任何人都认为他们的朋友或亲戚曾被性侵犯

Does anyone have any other questions that they would like to ask the group?
Presenter invites participants to sit and form a circle.
Presenter then facilitates a discussion about the activity “try to focus on values.”

Processing Questions

任何人都同意了吗？
任何人都有什么感觉参加活动？
任何人都感觉很少有人在一边？
What does this activity have to do with leadership?
Did you find yourself making judgments of others?
How did the movement of others influence you?
What did you learn through this activity that can make our environment more welcoming?
What did you learn through this activity that will make you a better person or leader?
Through this activity, intentionally or not, did you share your values?
Through this activity, intentionally or not, do you think that you learned about the values of others?

Learning outcomes

How do values represent themselves in everyday life?
How do values represent themselves in our organizations?
Are there times in life when values are ignored?
What is the result when values are ignored, trashed, forgotten?

Ask again, DO VALUES MATTER?