Mission
To promote a work site culture that values individuals health by creating a supportive environment that encourages healthy lifestyle choices.

Council Objectives
The Wellness Council will follow the WELCOA 7 Benchmarks for Success to collect data, plan programs, recommend environmental modifications and monitor outcomes to develop a results oriented and comprehensive employee wellness program. The council will also promote the well-being of its employees through education and initiatives that:

• Increase awareness of factors and resources contributing to well-being
• Educate through wellness-related programs and activities
• Promote healthy lifestyle choices
• Promote personal and professional productivity
• Inspire and empower individuals to take responsibility for their own health
• Sustain healthy choices through a sense of community

Members
The Healthy Carolina Employee Wellness Council consists of faculty and staff representatives from across campus.

Ms. Patricia Moore-Pastides Office of the President First Lady
Carolina Agardy Human Resources AVP HR Programs & Services
Ro Kelly Human Resources Benefits Manager
Dr. David Mott Faculty Welfare Committee Representative
Tom Syfert Environmental Health & Safety Director
Jim Demarest Facilities Management Director
Tina Devlin Campus Wellness Faculty and Staff Coordinator
Jessica Johnston Healthy Carolina Director
Jackie Knight Healthy Carolina Program Coordinator
Kim Dozier Campus Recreation Associate Director
Dr. Kara Montgomery Arnold School of Public Health Professor
Dr. Gary Ewing Occupational Medicine Director
Dr. Jeannette Andrews School of Nursing Dean
Dr. Duncan Howe School of Medicine Clinical Professor
Audrey Jones Sustainable Carolina Administrative Assistant