

Office of Multicultural Student Affairs Workshops

Conflict & Listening: Opposing Diodes

Things do not change, we change. . ~ Henry David Thoreau

This workshop focuses on communication allows students to learn essential techniques to address crucial conversations around issues of diversity and social justice without entering into a place of blame and judgment; thus alienating the audience. This is accomplished with an emphasis upon the entering into dialogue; not argument.

Outcomes

- Students will learn effective conflict resolution skills; including:
 - Blending
 - Effective listening
 - Unconditional Positive Regard
 - Finding Consensus

Choose Your Attitude!

A candle loses no light by lighting another. ~ Unknown

This session will allow students in a non-confrontational and experiential manner to discover their own biases and beliefs, as well as begin to discover their own identity. Additionally, the session will provide students a safe environment in which they can see how their biases and beliefs may impact their decisions as well inform their interactions with others in their roles as leaders in their community.

Outcomes

- The participant will become more aware of their own attitudes, biases, and beliefs.
- The participant will experience the impact their attitudes, biases, and beliefs have on his/her own decisions and interactions with others.

Rock & a Hard Question: Rocking Those Hard Answers!

After climbing a great hill, one only finds that there are many more hills to climb. ~ Nelson Mandela

This session will provide an open arena for students to have any and all questions they want to ask asked. This session will start with building of a community and developing norms through a Full-Value Contract and then delve into the tough issues surrounding issues of diversity and social justice.

Outcomes

- Be able to find answers to hard questions concerning diversity, social justice and social change

Creating Sustainable Support Networks for Change

One person with a belief is equal to a force of ninety-nine who have only interests. – John Stuart Mill

What is a support network for change and who can be a change ally/agent for change/change agent? This experience will help students discover their already in-place networks and how to use those to create and become the change they want to see!

Outcomes

- Be able to find and create networks to help support your goals as they pertain to diversity, social justice and social change.

Thrive Together; Fail Alone

A dream you dream alone is only a dream. A dream you dream together is reality. -John Lennon

Through an experiential learning activity students will discover that non-zero-sum situations do exist, and how to create them in our communities. Non-zero-sum describes a situation in which the interacting parties' aggregate gains and losses are either less than or more than zero. Thus, this is a manner in which all parties can win, and in fact winning is not generally possible without the explicit assistance of other “teams”. This purely experiential workshop lasts about and 90 minutes.

Outcomes

- Learn that collaboration is far better for success than competition
- Build partnerships to create change in our communities

Who are you? Who who; who who....

Bob Marley isn't my name. I don't even know my name yet. - Bob Marley

Through a familiar outline, students will begin to assess their own identity development as well as that of others and how that impacts their experiences as students on this campus

Outcomes

- Learn basics of identity development and why this is important
- What does it mean to be ____?
- How does this correlate to my interactions with other students?