101 WAYS TO MOTIVATE PEOPLE
(INCLUDING YOURSELF)

1. Act on your inspiration
2. Ask questions that move the ball forward
3. Be a coach, not a critic
4. Encourage ideas and dreams
5. Be confident and calm
6. Be part of the solution
7. Be YOUR best
8. Build momentum
9. Build your inner strength
10. Smile
11. Talk through ideas—don’t just shoot down ideas because you don’t understand
12. Allow employees to attend seminars and ask them to make a presentation to others sharing what they learned.
13. Change your approach.
14. Chart your progress with what works and what doesn’t
15. Conquer your fears.
16. Work Together
17. Say “good job” or “I’m proud of you”
18. Count the wins.
19. Create a wall of inspiration
20. Conquer your problems with confidence
21. Do passion work
22. Do the opposite
23. Don’t let anxiety or worry get the best of you
24. Don’t be a perfectionist
25. Ask an employee who is proficient in a certain area to train others, or make a presentation at a staff meeting.
26. Don’t look for excuses why you can’t motivate others
27. Don’t take yourself too seriously
28. Just start motivating
29. Pass on helpful articles that could benefit employees and attach a note that says, "Saw this and thought of you."
30. Reward effort and results
31. Team up to tackle the tough stuff
32. Have a 1:1 conversation
33. Surprise them with a gift
34. Recognize them at a staff meeting
35. Nominate them for an award
36. Call an employee into your office just to say thank you without discussing any other issue.
37. Write a thank you card or e-mail.
38. Create an employee newsletter to share updates and recognition.
39. Post a bulletin board for employees to share news, hobbies, and recognition.
40. Celebrate birthdays, anniversaries, and special achievements.
41. Delegate worthy projects, not just menial tasks, to increase feelings of trust and pride.
42. Be willing to take the time to meet with and listen to employees - as much as they need or want.
43. Involve people in decisions
44. Strive to create a work environment that is open, trusting, and fun. Encourage new ideas, suggestions, and initiative
45. Provide a sense of ownership in their work and their work environment
46. Give employees a chance to grow and learn new skills; encourage them to be their best
47. Celebrate milestones
48. Reward success
49. Provide frequent updates to your team on how they are performing
50. Establish social activities just to allow a little time to relax and team build.
51. Create an environment where everyone participates
52. Always remember to express your appreciation for their hard work.
53. Extra time away from the job
54. Have staff superlatives (paper plate awards...)
55. Give out a motivational plaque
56. Special parking spot
57. Ask people what’s important to them
58. Set up a suggestion box
59. Ask questions
60. Applaud (literally) in a meeting
61. When you share your appreciation, be specific about what you liked.
62. Create interesting work that challenges
63. Tell the truth quickly
64. Bake cookies
65. Tell a funny joke
66. Coach the outcome
67. Know your purpose
68. Get some motivation couching yourself
69. The littlest things mean the most
70. Pump up your emails
71. Decide to be great at motivating and be intentional about empowering others
72. Make a day each week/month to motivate those that you work with
73. Create a motivation plan
74. Free Food!
75. Work to solve a problem
76. Don’t wait for the “right” time
77. Motivate with enthusiasm
78. Make someone a special nametag/door dec
79. End training early
80. Have a dance party
81. Take 5 minutes to just relax before starting a big project
82. Think about who motivates you and why
83. Invest in blank note cards - keep some with you at all times

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84. Take time to invest in people’s personal interests
85. Have team spirit
86. Develop relationships
87. Show the purpose
88. Have casual dress day
89. Compliment someone
90. Have contests
91. Large Tootsie Roll replica for those on a "roll."
92. Cardboard stars for star-studded performances.
93. Candy bars with special notes
94. bag of popcorn for those that did something that really “popped”
95. Student of the Month/Quarter
96. Get special t-shirts that represent involvement in a certain organization
97. Develop a point system-when you reach a certain amount of points-you get a prize
98. Invest in stickers
99. Pack of gum for someone that “sticks” out
100. Lollipop for someone “sweet”
101. Start giving high five’s!


http://www.susanfee.com/coaching/tips/CreativeWaystoMotivateYourEmployees.htm

http://www.tgassociates.com/freetipsheets/HO-10waysmotivate.asp


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